



SENIORS CARD

SENIORS CARD *News*

FOR MEMBERS AND COMMUNITY

July/Aug 2023

Community Bank
Nightcliff, Coolalinga, Katherine and Alice Springs

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Bendigo Bank

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Myra Nungarrayi Herbert and Audrey Goring - Lipstick and Ochre. Photo Mark Marcelis Courtesy of Tracks Dance

Elders' wisdom celebrated in dance

Tracks Dance highly values older members of our community. The company believes that dance is a whole of life activity and the wisdom and cultural knowledge of elders focuses and informs their work.

Tracks has a long-term relationship with two key older adults dance groups: the Yawulyu ceremonial dancers from the remote Warlpiri Indigenous community of Lajamanu, (alongside the senior Warlpiri men), and the Grey Panthers over 60s Dance Troupe - Darwin and surrounding regions.

One of its key groups, The Grey Panthers 60+ is celebrating 35 years of operation. Their dance classes run in Darwin and Batchelor.

- **Darwin**
Fridays 9.30am - 11am
- **Batchelor** (Coomalie Region)
Wednesdays 10am - 12pm

More info On joining classes or upcoming performances, email admin@tracksdance.com.au

Or call **08 8941 1410**

NT Seniors Card holders receive concession-priced tickets to performances.



A 5% discount is available to Commonwealth Government Pensioner Concession Cards OR Commonwealth Government Department of Veterans Affairs Health Cards only. (Not any state or Territory Seniors Card issued card). Only available on the first Wednesday of every month.

SENIORS CARD

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More discounts on offer for Members



Check out all these new **Business Partners**, all offering **SC members discounts on services and products**.

- **[FNQ Carpentry & Maintenance](#)** Handyman service no job too small. Carpentry, joinery, additions, tiling, paving and more. 10% discount offered.
- **[Get Sorted NT](#)** Decluttering and organising services for decluttering journeys, be it downsizing, moving house, adjusting to a life transition or getting on top of the day-to-day. 15% discount on labour services offered.
- **[Medimart NT](#)** Medimart NT is a local business with a clear vision of helping and bettering the daily lives of people living with injury, illness, or disability in our community, with a customer focused experience. 7.5% discount off the RRP on all products offered excluding all ready reduced or sale items.
- **[Tracks Dance](#)** Tracks Dance Company is located in Garamilla (Darwin) on Gulumerrdjin (Larrakia) Country in the NT and produces original and contemporary dance works that celebrate the place and the people who call the Northern Territory home. NT Seniors Card holders receive concession-priced tickets.
- **[TRIKI Electrical](#)** Triki Electrical offer high quality electrical services for residential homes ranging from small maintenance and repair works to major installations including: fire safety and smoke alarm installations and repairs, ceiling fan installations and repairs, switchboard upgrades, general electrical maintenance, hot water installations and repairs, globe replacements, cameras and sensor lighting. 10% discount on labour services offered.

Royal Darwin Show

NT Seniors Card is excited to have the **Royal Darwin Show in its sights and distribute the latest edition of the printed Discount Directory for 2023/2024**.

This perfect handbag-sized, print directory gives you an easy and quick way to look up which businesses near you offer Seniors Card members a discount.

We know your card and this directory

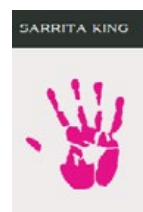
together can save you money! One member contacted us recently to tell us how she and her group of friends regularly checked the directory to see where they get best value for lunches for seniors. And they go somewhere different every week.

COME SEE US AT THE SHOW or at one of our *Out and About Days*. You can:

- Pick up a newly minted print directory
- Support our work by purchasing a raffle ticket for our Sarrita King artwork
- Make sure your details are up to date
- Apply for a new or replacement card
- Or just say g'day!


COTA NT & Seniors Card Artwork Raffle

This is a rare opportunity to own, or gift a very special piece of Territory artwork by Sarrita King, contemporary Indigenous artist.



Living space solutions

Forget Marie Kondo the internationally-renowned declutterer, the Territory has its very own organising consultant in Fotini Trikilis.

 NT Seniors Card is proud to promote this new venture. Not only does Fotini help people making (often difficult) life transitions, but she offers a 15% discount on labour services to Seniors Card holders.

You stay on top of things when your home is sorted to suit to suit you

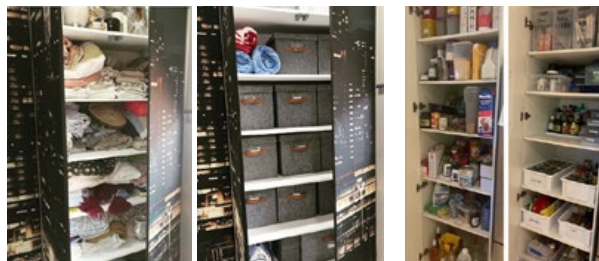
Get Sorted NT can:

- Declutter your existing home to create more space, safer space in homes.
- Re-organise your cupboards, benches,



LIFE DOESN'T HAVE TO BE MESSY
Get Sorted NT
Professional Style,
Declutter & Organiser

15% discount on labour services for Seniors Card holders



Before → After

Before → After

Our role allows us to support you throughout your decluttering journey, be it downsizing, moving house, adjusting to a life transition or getting on top of the day-to-day.

- Downsizing • Moving Houses
- Linen • Kitchen • Pantries
- Bedrooms • And much more...

Fotini Trikilis • 0405 248 837 • getsortednt@outlook.com

storage areas and put every day items in easy reach.

- Dispose of broken, unwanted, or expired items, spare parts, tools, furniture, utensils, crockery, decor and clothing to give you a deep spring clean.
- Help you choose what you take with you when you downsize to a smaller home

or move into residential living.

Get Sorted with a fresh pair of eyes and a strong back from someone who genuinely loves sorting out living spaces.

For a quote or more information, contact Fotini on **0405 248 837** and let her know where you heard about her service.

Seniors Card Member Draw for Darwin Festival Gift Voucher

If you love the Darwin Festival, then you'll love this gift voucher.

The lucky winner will be picked using our randomiser app and notified by phone or email. Make sure your details are up to date so you are included in giveaways like this.

[Darwin Festival 10-27 August](#)



Alice Expo coming soon

Exhibitor and performer registrations close for the Alice Springs Seniors Expo event on 8 August.

If you want to take part as an exhibitor, [register online](#) or simply save the date, take a mate and go along on the day!

Alice Springs Expo 22 August

10am to 1pm

Convention Centre



Gotta to go green

We are delighted to welcome the Alice Springs Golf Club to the Seniors Card program. Who can resist the opportunity to play, or learn to play golf in such a stunning location?

The magnificent championship layout has large tee blocks, fully grassed rolling fairways and huge well-bunkered putting greens set against the stunning natural backdrop of the ancient MacDonnell Ranges.

Perfect for players of all skill levels; social or competitive. (Social barefoot bowls have become increasingly popular and it is essential to book in advance.)

The fully-equipped club provides a restaurant and bars, a well-stocked pro-shop, and a floodlit driving range, putting green, bowling green and



a fenced children's playground.

NT Seniors Social Membership , \$10 sign-up fee. Discounts are available on Green fees after joining up, plus 5% discount on food and drinks at the bar and Rangeview Restaurant.

Get into Intersport

No matter what your game plan - athletics, mobility and strength workouts, golf, cardio and toning work, boxing - the folks at Intersport on Parsons Street have it all.

They offer friendly service and helpful advice and best of all, a 10% discount for members of the NT Seniors program.

They also have a wide range of fleecy jackets and socks - perfect for the desert Dry evenings.



And you do not have to be the sporty type to wear them!

Check [Intersport](#) out in the Business Directory.



Find Discounts Online

The 24/7 way to check which NT businesses offer discounts to Seniors Card holders is on the Seniors Card website at

ntseniorscard.org.au/discounts-directory



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