



SENIORS CARD

SENIORS CARD News

FOR MEMBERS AND COMMUNITY

Feb/Mar 2025

Delivered by



Remember to use your Seniors Card to treat your Valentine - whether it's for a meal, drinks, jewellery, flowers or a night out.

See Seniors Card offers on page 7



Find out more about Chinese New year on page 6

IN THIS ISSUE

This is what you told us	1
Find the best fuel deals	3
Be a Winner	3
Help with car costs	4
Memory tips	5
Chinese New Year	6
Businesses you will love this February	7
Free events and activities	8
Check out our blog!	8
Catch up with COTA	8

The Member survey results are in - this is what you told us

The results of the NT Seniors Card Members Survey are in from the highest number of participants ever!

Your feedback helps us improve the NT Seniors Card program and assists us in working to provide meaningful benefits. Thank you to all those who participated in the survey.

- **Regular usage:** 23% of you use your cards monthly, 19% weekly, and 50% annually to unlock savings.
- **Travel benefits:** 40% of you are unlocking interstate discounts on transport, tourism and entertainment.

Positive ratings



An impressive 45% of survey respondents gave the NT Seniors Card program a 5-star rating and 31% awarded it 4-stars. This score indicates the program's value to you (and definitely inspires us to improve it even more).

Seniors are making the most of their cards

The survey revealed how NT Seniors Card holders are using their cards:

- **Motor Vehicle registration discounts:** 80% of you* accessed this discount and found it very helpful.

*surveyed users

Top business requests

You would like to see more of

Free ageing tips and tricks
liveup.org.au

SENIORS CARD
GPO Box 852
Darwin NT 0801

65 Smith Street
Darwin NT 0800
ABN 86 316 991 800

1800 441 489 (freecall)
seniorscard@cotant.org.au
ntseniorscard.org.au

these businesses added to the program:

- Food outlets
- Accommodation
- Restaurants, cafes and takeaways
- Fuel stations
- Insurance providers
- Mobile phone services.

Businesses you love

The most popular businesses for card use include:

- Food outlets
- Entertainment venues
- Restaurants, cafes, clubs
- Hair and beauty salons
- Travel and tourism operators
- Pharmacies.

Supporting local businesses

Discounts from big chain stores are harder to negotiate but local small businesses are stepping up with great discounts. And supporting them, helps saves you money *and* strengthens our community.

Raising awareness

Your feedback emphasised the importance of awareness. Here's how we're addressing it:

- **Signage:** 70% of respondents want more

visible signage at those businesses accepting Seniors Cards. In response to this, we have sent more decals (door stickers) and point-of-sale materials (seen at the counter) to Business Partners.

- **Information access:** Visit our [online discount finder](#). It's updated regularly with the latest offers and discounts.
- **Collect:** A handy A5 easy-to-read printed directory. These can be picked up from libraries, MLA offices, Top End Tourism and at our offices in Darwin and Alice Springs (see [distribution](#)).

Growing the program

We're always seeking new businesses to join. If you know a business that could benefit from being part of the program — or a business you would like us to approach, let us know. Together, we can grow and make the program more rewarding.

We asked what makes a business "senior-friendly"?

You said, senior-friendly



Enjoy a discounted visit to award-winning Royal Flying Doctor Service Darwin Tourism Facility. See their Seniors Card offer [here](#).

businesses:

- Offer discounts
- Ensure accessibility (e.g., parking, ramps, wide doorways)
- Provide respectful and patient customer service.

Ask for discounts

With over 36,000 Seniors Card holders in the NT, we're dedicated to raising program awareness and encourage you to ask for discounts — even at unregistered businesses.

Thank you

We're excited to welcome new Business Partners in 2025 and to continue supporting existing ones. Follow our [Facebook page](#) for updated information about new Business Partners and offers from existing ones.



Thank you for your support and remember to use your NT Seniors Card often and maximise its benefits!

Be a savvy consumer and find the best fuel deals in the NT!

Fuel prices can vary by 10 cents per litre, so it pays to shop smart. Visit the [Cheap Fuel NT](#) website to locate the cheapest fuel stations in your area.

If you're an NT Seniors Card holder, there's better news!

[FuelXpress in Palmerston](#) is the only locally-owned and operated fuel outlet offering Seniors Card holders a **6 cents per litre discount**. Show your card and driver's licence to the console operator to get your discount. Combined with FuelXpress's competitive prices, you're set to make significant savings.

FuelXpress is more than just a fuel station — it's also a proud supporter of the local community. By sponsoring

important organisations like Foodbank, Orange Sky, and local sporting clubs, they demonstrate a deep commitment to giving back to the Territory.

Looking after your car

Your car is one of your most significant investments and Fuel Express can also help protect it. All their fuel dispensers are equipped with 10-micron filters to keep suspended solids out of your tank, ensuring clean, dry fuel — especially critical for engines with injectors. Their systems are designed to prevent moisture from heavy rain from entering fuel tanks and water-detecting probes provide automatic alerts if contamination occurs — safeguarding your engine

every time you refuel.

FuelXpress do good things and care about our community. Plus they have given us a \$100 voucher for one lucky Seniors Card holder to win!

Enter [here](#).



Be a Winner FuelXpress \$100 Voucher

Be first over the line! One lucky winner will receive a \$100 FuelXpress voucher to spend at their outlet in Palmerston. This draw closes at the end of February.



See [FuelXpress offer for Seniors Card holders](#).

\$50 to spend at the Juicy Rump

Be quick! This draw closes on 7 February and this voucher must be used by the end of February 2025.



See [Lasseters Hotel Casino offer for Seniors Card holders](#).

To enter

- Visit the [NT Seniors Card competition page](#)
- Read terms and conditions
- Enter contact details.

Two new tyre businesses help with car costs

You might not think too much about the humble black rubber that keeps your vehicle rolling, but tyres play a crucial role in keeping you safe and comfortable on the road.

So, we have great news for NT Seniors Card holders. Two new tyre service businesses have joined the program — one in Central Australia and another in the Top End.

Here's why looking after your tyres matters:

- **Prolongs tyre lifespan:** Regular care can save you from needing costly replacements sooner than expected.
- **Improves safety:** Well-maintained tyres enhance grip and reduce the risk of skidding or accidents.
- **Boosts fuel efficiency:** Properly inflated tyres can improve mileage, saving you money at the pump.
- **Ensures a smoother ride:** Balanced and well-maintained tyres lead to a more comfortable driving experience.

Darwin

TyrePlus – Stuart Park

The Lapdez family brings over 25 years of



expertise in the automotive industry, with Henry and Dolly Lapdez proudly operating Tyreplus Darwin since April 2021. As an authorised and preferred dealer of genuine Michelin and BFGoodrich tyres, they deliver exceptional products and service you can rely on.

“When you choose Michelin or BFGoodrich tyres from us, you're guaranteed authentic products, expertly fitted and backed by the unmatched 'Road Hazard Warranty,' giving you peace of mind on every journey.”

At Tyreplus Darwin, outstanding customer service is more than a priority — it's a tradition. The team prides itself on providing friendly, dependable service with a personal touch, ensuring every visit is stress-free and satisfying.

From premium tyres and precision wheel alignments to professional wheel balancing, alloy wheel installations, brake checks, rego checks, and mechanical repairs, Tyreplus Darwin is your one-stop solution. Visit today and experience the Tyreplus difference!

Alice Springs

Tyreright – Alice Springs

Jesse Hunter is the proud owner of Tyreright Alice Springs, a trusted local business specialising in wheel alignments, puncture repairs, new tyres and rims for all types of vehicles.

Born and raised in Alice Springs, Jesse is a fully qualified mechanic with deep roots in the community. He began his career in his family's business, Pedders, which focuses on suspension and brake services. Three years ago, Jesse expanded his vision by purchasing Tyreright and merging it with the Pedders family business. Together, they relocated to their current location on Elder Street, creating a one-stop shop for all



your tyre and mechanical needs.

At Tyreright Alice Springs, Jesse and his expert team are committed to delivering professional service, quality products, and solutions tailored to your specific requirements. Whether you need tyres, rims, or mechanical repairs, they've got you covered. Visit them today and experience exceptional local service!

With your Seniors Card, keeping your vehicle road-ready is easier and more affordable. Stay tuned for updates as we grow your benefits.



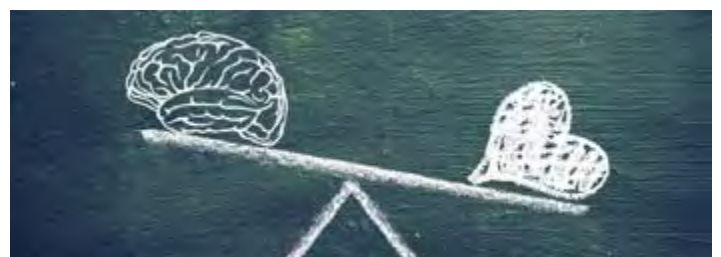
Memory tips

Read the full article online on the [Live Up website](#). This free resource is full of tips, advice and information about healthy and positive ageing.

Memory is one aspect of your brain health and needs some maintenance. You need to keep your brain healthy for it to function well.

Here are 10 tips to help you remember things more easily.

- 1. Write things down.** Writing things down also helps you remember them because it turns ideas into real notes you can see and use.
- 2. Review new information.** If you review information soon after learning it, you strengthen your memory of it.
- 3. Use mnemonic devices.** Mnemonics are techniques that help you remember information



more easily.

4. Look after your mental health

5. Practice mindfulness

6. Stay mentally active

7. Stay socially active.

8. Stay physically active.

9. Eat well.

10. Stay hydrated. Drink enough water. This is good for your health and supports memory.

Remember to use your Seniors Card!

Read the full article [here](#).



Mr Minit

Got a favourite pair of shoes tucked away in your wardrobe that you just can't bear to part with? Why not bring them to Mr. Minit and get a quote for repair or restoration?

Michael and the team will take care of all your needs, offering services including key cutting, engraving and watch repairs. They also specialise in car key duplication and provide remote controls for garages and gates. Visit Mr. Minit today to bring your cherished items back to life.

Seniors Card discount is welcome. Ask for the discount and show your Seniors Card. See offer [here](#).

Chinese New Year

Darwin

Chinese New Year Festival 2025

Family fun day for Darwin's community to participate and experience Chinese New Year cultural activities and entertainment.

Enjoy the special Chinese dishes on offer and learn the finer points of Chinese cooking from local celebrity chefs. Plus traditional Lion Dance and Tai Chi.
Venue: Territory Netball Stadium, 235 Abala Road, Darwin.

Be sure to get one of the Chung Wah Society beef satays - they are the best!



Alice

Confucius Palace Dumpling Restaurant

10% discount off soup dishes and 5 dumplings of your choice for \$10. Beautiful home made dumplings, soups and a variety of Chinese meals. Chinese teas available too



See [Seniors Card offer](#)



Year of the Wood Snake

You will start to hear the banging of drums and fireworks going off in the next couple of weeks as our Chinese and Southeast Asian communities celebrate the Chinese New Year (Lunar New Year) between 29 January to 12 February.



The Wood Snake is a charming, intelligent and creative sign, but also secretive, cunning and sometimes ruthless. As the ruling sign, the Snake will enjoy a year brimming with opportunities in wealth, career and personal development. Snakes will attract admiration with their intelligence and charm, making it a favourable year for collaborations and business ventures.

Whilst 2025 is the year of the Wood Snake, other Chinese zodiac signs including Roosters, Oxen, Monkeys, Rats and Dragons are expected to experience excellent fortunes too in terms of careers, finances and personal growth.



Businesses you will love this February



Make the most out of your Seniors Card this Valentine's Day at the following NT businesses. We promise that you'll love the savings!

Visit the online [Discount Finder](#) to find even more savings and offers from our Business Partners ([here](#)).



Alice Springs

- **Plaza Wellbeing Centre** Plaza Wellbeing Centre offers vouchers for massages and other services. Give the gift of relaxation.
- **Mombasa Day Spa & Hair Lounge** Book in for a spa date with your special person.
- **Red Kangaroo Books** The gift of reading, not only pleasurable but great for your brain.



See [Seniors Card offer](#)



See [Seniors Card offer](#)



See [Seniors Card offer](#)

Katherine

- **Laser Clinic Katherine** Offer beauty treatments to high standard their team is committed to making your experience memorable.
- **Rod and Rifle Tackle World** Fantastic range of fishing shirts for men and women. Pick out something for your fisho this Valentine's Day.



See [Seniors Card offer](#)



See [Seniors Card offer](#)

Darwin

- **Aboriginal Bush Traders** Ethically sourced, sustainable gift pieces made by local Indigenous artists.
- **Hilton Garden Inn Darwin** Enjoy dinner for two by the pool at the Together & Co restaurant and savour locally-sourced ingredients.



See [Seniors Card offer](#)



See [Seniors Card offer](#)

Palmerston

- **The Landmark** Dine out your way with live music entertainment.



See [Seniors Card offer](#)

Free events and activities



DYING TO KNOW
Free end of life planning workshops to empower your future decision making featuring conversations and information about legal documents including wills and advance personal plans.

Learn for Life
Darwin | Palmerston

Take-homes: Advance Personal Plan template and The Goodbye Guide.

Thursday 6 February, 1pm - 3pm
COTA NT, 65 Smith Street Darwin

Thursday 20 February, 9.30am - 11.30am
Durack Arts Centre, 33 Packard Dr

INFO | BOOKINGS ESSENTIAL - 20 spaces only
COTA NT 08 8941 1004



This session is led by Janet Brown. COTA NT's Aged Care Navigators help and support people to access aged care and consider end of life planning including will making and advance personal plans.



KATHERINE SENIORS EXPO

WEDNESDAY 26 MARCH 2025
10AM TO 1PM
HENRY SCOTT RECREATION CENTRE (YMCA) - ROLLER RINK
2525 STUART HWY KATHERINE NT

We are excited to announce the date of our 5th Katherine Seniors Expo and invite individuals and groups to apply to exhibit, perform or facilitate an activity (workshop, join-in fitness session, etc.)

APPLICATIONS OPEN BELOW
www.cotant.org.au/katherine-seniors-expo-2025
ALL ENQUIRIES TO ACTIVITIES@COTANT.ORG.AU

THINGS TO KNOW

- Administration fees apply.
- Applications close 10 March 2025
- COTA NT reserves the right to refuse an application.

Check out our blog!



Our News blog is published on our website, ntseniorscard.org.au/news and offers free reads about our Business Partners, programs for seniors, service providers, seniors clubs and tips on how to get the best out of your Seniors Card.

Just published:

Tips on how to reduce power bills (read [here](#))

Catch up with COTA

We have just published **Seniors Voice**, our advocacy, news and information quarterly.

Read [online](#) or pick up a copy in print. This issue is full of news, diary dates and information including the new

aged care act and upcoming changes for home care provision (Support at Home).



Find Discounts Online

The 24/7 way to check which NT businesses offer discounts to Seniors Card holders is on the Seniors Card website at ntseniorscard.org.au/discounts-directory



NT Seniors Card

✉ GPO Box 852
Darwin NT 0801

📍 65 Smith Street
Darwin NT 0800
ABN 86 316 991 800

☎ 1800 441 489

✉ seniorscard@cotant.org.au

🌐 www.ntsenscard.org.au