



SENIORS CARD

# SENIORS CARD *News* FOR MEMBERS AND COMMUNITY

Nov/Dec 2023

**FortyWinks**  
Darwin  
**FREE Adjustable Base**  
on Queen mattress purchase  
starting from **\$1599**  
Terms, conditions and exclusions apply.

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**20% OFF for NT Seniors Card Holders**  
Get up to 20% off a selection of furniture, including sofas, dining tables and chairs. Excludes mattresses and bed frames. Offer valid until 31/12/23. See website for details.

**Jape Furniture Superstore**

## It's getting hot in here... so take off all your clothes



**Just kidding, you don't have to take Nelly's\* advice this Sweat Season, but we do ask that you take care of you and yours, your home and your car, and keep safe as the Territory heats up.**

Numerous NT businesses in the program are ready to help you get ready for the Wet and they all offer Seniors Card holders discounts on their regular service prices and products. (The advice is usually free).

### Feeling the heat?

It feels sticky, hot and perhaps you are thinking, "I am just getting older and can't handle the heat anymore?" But let's stop you right there and ask, **When was the last time you**

**had your aircon serviced?**

Right now in the Top End, aircons are already under the pump and in Alice Springs the evaporative air coolers (swampies) will be doing even more overtime in the coming months.

**Our tip: Don't leave your aircon servicing to the last minute.** And here's why...you can:

- Reduce your energy consumption
- Enjoy a healthier home with improved air quality
- Your aircon unit will run more smoothly and won't smell musty
- You will maximise the lifespan of your aircon.

\* Nelly is an American rapper who released *It's Getting Hot in Herre* in 2002

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Our new Business Partners can help and offer great discounts.

- **Top Refrigeration** – servicing aircon, cleaning and maintenance in Darwin and rural areas (read [more](#)).
- **CKS Electrical** - servicing the swampies in Alice Springs and more (find out more [here](#)).

## Get into your car

Have a good look at your car and see what needs doing to make your wheels Wet Season safe. Start with:

- **Wiper blades** - Check for worn wiper blades, as they may hamper visibility, leaving smudges and streaks on the windscreens. Replace them at car care businesses. Most replace purchased wipers for a small fee.
- **Tyres** - Check tyre tread depth and inflation. In the Wet Season, tyres play a crucial role in keeping you safe on rain-soaked roads.
- **Brakes** - Test and maintain your car's brake systems. Ensuring your brakes function properly is of utmost importance during the Wet due to the reduced grip on wet surfaces. Check the brake pads and brake fluid, replace pads and top up brake fluid if required.
- **Lights** - Inspect and clean headlights, taillights and indicators. Your lights illuminate the road ahead, make you visible to oncoming traffic and signal your intentions to other drivers. Lights are crucial during heavy downpours.

**You can check most of these yourself, but it is *always* a good idea to get a professional opinion.** With Seniors Card, get discounts from:

### Nhulunbuy

- [Gove Rentals & Mechanical](#)



### Darwin

- [Tyrepower Darwin - Stuart Park](#)
- [Paul's Service Centre](#)
- [Prompt Auto Repairs](#)

### Palmerston

- [A & K Maintenance & Mechanical](#)
- [Unique Auto Tech](#)

### Alice Springs

- [A One Mechanics](#)
- [TJM Alice Springs](#)
- [WB Mobile Windscreens and Tinting](#)



### Find your perfect sleeping partner with Forty Winks

**Are you living with acid reflux, sleep apnoea, sore body parts, limited mobility or feeling constantly tired from poor quality sleep? Getting the right bed - optimised just for you - is part of a better quality sleep solution.**

Darwin Forty Winks uses a **bedmatch machine**, a state-of-the-art technology, to help identify the **perfect mattress and adjustable base combination for you based on your unique body type and sleeping preferences.** This means optimal comfort and support sleeping surface for

your body.

The perfect mattress and base combo can help reduce symptoms of acid reflux and heartburn, improve breathing for individuals with sleep apnoea, memory foam will help relieve pressure on sore or arthritic body parts; and for those with limited mobility, a motorised bed base (with remote control) means the bed's position can be adjusted to find a perfect sleeping position and you will be able to get out of bed more easily.

Darwin Forty Winks invites you for a cuppa with its experienced team, who will



*Darwin Forty Winks making heavenly matches*

help you find your perfect match.

**When purchasing selected mattresses, you will receive a FREE adjustable base. This incredible offer is only available for NT Seniors for a limited time. So hurry to your perfect sleep soon.**

Book your personal shopping experience with us today.

**Phone: 8923 1142 or email: [manager.40w@jape.com.au](mailto:manager.40w@jape.com.au)**

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## Welcome a fab foursome - offering discounts and savings for Seniors Card holders



### [Birds of Paradise \(Coolalinga\)](#)

Birds of Paradise fashions is a NT based retail shop situated in Coolalinga, and well-known for its funky clothing and unique gifts. Selling natural clothing for all ages and sizes, jewellery, incense, crystals, mystical ornaments and much much more.

**Birds of Paradise offers 10% Seniors Card discount.**

**Offer available to interstate & overseas SC holders.**



### [Jape Furnishing Superstore \(Darwin\)](#)

Jape Furnishing Superstore has been servicing the Territory since 1978. With 4000m<sup>2</sup> of display showroom and warehouse area, you will find all your home, office and outdoor needs in one spot. Jape is Darwin's *only* LaZBoy supplier.

**Seniors Card Holders receive 20% discount on full-price items, excludes factory outlet range, commercial range & items already on sale.**

**Offer available to interstate & overseas SC holders.**



### [North Australia Plumbing \(Humpty Doo\)](#)

Angelo from North Australia Plumbing is one of our newest business partners. A local who has been in the plumbing game for 25 years, he prides himself on the quality of his work and enjoys building relationships with his clients. Angelo is a self-certifying plumber, drainer, gas fitter and fixes septic systems, solar/electric/gas hot water and roof leaks.

**North Australia Plumbing offers 15% off labour.**



### [Rich Life Health & Wellness \(Darwin\)](#)

Located in Cullen Bay, Rich Life's fitness centre provides a friendly and inviting space that is perfect for everyone. They offer a variety of workout options, including specific senior classes. With ample free parking, access to showers, and a comfortable atmosphere, a hassle-free fitness journey is ensured.

**Rich Life Studios, Health and Fitness offers 10% Seniors Card discount.**

### Want to be 'gone fishing'?

**No longer have a boat of your own, miss fishing or simply never had the opportunity to go?**

COTA NT is looking for expressions of interest to join them on one of its Seniors Fishing Trips. They take the hassle of organising the trip, you just have turn up and enjoy a day out. And you may just go home with fish for dinner too.

You can choose to join either Land Based (all ability) or Harbour Fishing trips (must be able to stand unaided on a moving vessel). These trips will be heavily discounted by COTA NT and details of prices will be sent to you upon receipt of your expression of interest (EOI).



These trips are starting late November 2023 and will happen in 2024. All EOI will go into a ballot.

These trips are not available to those under 60 unless they are a holder of a Companion Card and travelling with a Senior.

EOI by email to [membership@cotant.org.au](mailto:membership@cotant.org.au), let COTA NT know your name, email address and phone number and trip preference.

Have your say and help us develop the Northern Territory framework for Voluntary Assisted Dying

Engage | Listen | Respect | Report

### Voluntary assisted dying in the NT

**The NT Government has started the community consultation process for developing a framework for Voluntary Assisted Dying legislation.**

To have your say on developing the framework, you can: attend a public meeting, complete a survey, make a written submission. All details including meeting dates and contact details are on this [page](#).

### Seniors Voice is out now

The Oct-Dec 2023 edition is available to read online [here](#).

Printed copies can be found across the Territory at libraries, community and shopping centres, electoral offices, Territory Families shopfronts and at COTA NT (see [where to get yours](#)).

A new ad card has been released for 2024 (see [more](#)).



### Find Discounts Online

The 24/7 way to check which NT businesses offer discounts to Seniors Card holders is on the Seniors Card website at [ntseniorscard.org.au/discounts-directory](https://ntseniorscard.org.au/discounts-directory)



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