



SENIORS CARD

# SENIORS CARD News

FOR MEMBERS AND COMMUNITY

Apr-May 2023



Register [HERE](#) to exhibit  
- registrations are open online until 1 May



## IN THIS ISSUE

- Never too old for sports 1
- We're looking for a winning shot 2
- Why not visit our new business partners in Katherine? 2
- Survey input appreciated 3
- The 'expo' issue 4
- It's flu season 4
- How to beat the crooks 4
- Find discounts online 4

## Never too old for sports

**Are you an ex-squash player? Would you like to take it up again but think you are too old?**

Well, you're *never* too old. The Masters Squash Association is a long-standing club in Darwin which caters traditionally for the ages of 35 years and older, with players well into their eighties still actively playing and socialising.

Every Thursday evening is the Masters Competition night starting at 6.30pm with the more dynamic competition called *Fast & Furious* for those who like the more competitive matches. Running at the same time is the Masters Doubles.

The Singles competition is a more fun and relaxed competition for those who just want to move and have fun.

The Masters Association is for everybody who wants to stay active later in life or just wants to socialise with other people in a sporting atmosphere.

To find a social and sports club offering discounts to Seniors Card holders, head to the online discount finder and search your region in the 'Social and Sports Clubs' category.

You can also search in the 'Health, Fitness and Recreation' category of the directory and see what you'd like to try in your region.



SENIORS CARD  
✉ GPO Box 852  
Darwin NT 0801

📍 65 Smith Street  
Darwin NT 0800  
ABN 86 316 991 800

☎ 1800 441 489  
✉ seniorscard@cotant.org.au  
🌐 ntseniorscard.org.au



Last year's winner. Photo by Christine Tayler

## We're looking for a winning shot

**NT Seniors Card is sponsoring the Royal Darwin Show Photography competition again in 2023.**

We are looking for a fabulous photo of a Senior engaging in an activity depicting the

Territory lifestyle.

The details are up on the website, <https://darwinshow.com.au/wp-content/uploads/2018/05/Schedule-of-Prizes-edited.pdf>.

Go to page 155 for details.



## Why not visit our new business partners in Katherine?

NT Seniors Card has been busy in Katherine picking up a few more business partners offering some great discounts for Seniors Card holders:

- **[Jones Meat Mart](#)** Local specialist butcher catering for all cultures, stocking aged beef, Halal certified meat, saltbush lamb, Smokey Bay oysters, Limmen barramundi and much more. 10% discount offered.
- **[Katherine Sport & Family Chiropractic](#)** Personalised care to people of all ages with a range of conditions, plus advice on injury prevention, posture improvement and exercise.
- **[Laser Clinic Katherine](#)** Get a 10% discount using your Seniors Card off facial services (does not include waxing). Laser Clinick Katherine has a highly qualified and passionate team performing all beauty treatments to a high standard.
- **[S&M Hair](#)** Classic cuts, foils, fashion colours, permanent colours, semi-colours, style cuts, blow waves, up styles, weddings, men's style cuts, makeup, extensions and more. 10% discount offered.
- **[Sleep Centre Katherine](#)** Specialists in the treatment of sleep apnoea with an extensive range of CPAP machines, machines and accessories, the BTL EMSELLA chair for the treatment of urinary incontinence, plus machine and mask deep clean services. 10% off CPAP sales and services, 10% off EMSELLA Urinary Incontinence packaged sessions.



Katherine Sport & Family Chiropractic at the Katherine Seniors Expo in March

## Survey input appreciated

Thanks to all those Seniors Card card holders who took time out to fill in our recent Members Survey about what their experience of the Seniors Card program.

### Quick stats

- 68.6% of respondees like to know which business are part of the Seniors Card program by seeing the seniors card logo displayed at the business
- over 45% felt seniors card membership reduced the cost of living somewhat
- 38% of respondees had a printed directory
- 20% of those who did have a directory used it on monthly basis.

### Your ideas for improvements

*We had over 480 responses to the survey which included many ideas on how you'd like to see the program improve. Many of these suggestions were on the same 4 themes as those suggestions quoted:*

Our response to each is given in italics.

**“Get retailers to display that they give seniors discount at store entrances.”**



*Our Members Survey Winner of \$100 VISA was Anne Spry. Photo: NT Seniors Card*

*We supply all our business partners with stickers to display on their doors and at their counters. Please help us encourage them to put them up by mentioning how helpful you find them (if their stickers are lost or torn, they just have to contact us to get replacements).*

**“Just expand the discount providers as best you can.”**

*We are constantly working on it! Again, if our card holders can let us know who they want in the program, we can specifically target them.*

**“Highlight which companies will offer discounts in a more succinct and handy piece of information like a card or pamphlet one can keep in one's bag. An email just gets lost over time.”**

*We print an annual A5/handbag sized*

*directory every year available from outlets across the Territory (see which ones here). A new directory is due out in July 2023.*

**“Get reciprocal arrangements with all the states.”**

NT Seniors Card holders are generally entitled to the same public transport and business discounts as the seniors card holders in that state or territory. However, it always pays to check before travelling and making purchases.

**The most up to date list of participating businesses is the online Discount Directory. Remember you can see this on your phone and search by region or business type.**

## The 'expo' issue



Have you read the latest edition of **Seniors Voice**?

Click [here](#) to read the Voice in flipbook or PDF formats.

Photo: Liam Carroll, Darwin Seniors Expo 2022

## It's flu season

**It's time to roll up your sleeve and get your flu shot. It's just I did yesterday, and it didn't hurt a bit.**



Our friends at Blooms The Chemist have the latest flu vaccine. If you are under the aged of 65, you can access this now. [Blooms the Chemist](#) are at The Galleria 35-37 Smith Street Mall.

**Check with your local pharmacy** to see if they are doing flu vaccinations.

Community Bank  
Nightcliff, Coolalinga, Katherine and Alice Springs

## Banking done better

Find out more. Call us on 8983 4111 or search Bendigo Bank NT.

 **Bendigo Bank**

Bendigo and Adelaide Bank Limited ABN 11 068 049 178, AFSL (1556974-1556972) (OUT\_24376184) 14/07/2022

## How to beat the crooks

**Bendigo Bank Multi-factor authentication – The crooks really want to steal your money and they're getting smarter, but you can beat them at their own game.**

Click on this [link](#) to find out how to keep your banking secure.



## Find Discounts Online

The 24/7 way to check which NT businesses offer discounts to Seniors Card holders is on the Seniors Card website at [ntseniorscard.org.au/discounts-directory](https://ntseniorscard.org.au/discounts-directory)



### NT Seniors Card

✉ GPO Box 852  
Darwin NT 0801

📍 65 Smith Street  
Darwin NT 0800  
ABN 86 316 991 800

☎ 1800 441 489

✉ [seniorscard@cotant.org.au](mailto:seniorscard@cotant.org.au)

🌐 [www.ntsensorscard.org.au](http://www.ntsensorscard.org.au)