

In this issue >>>

From the CEO

40 000 Card Issued

Seniors Card Members' Survey

COTA NT Seniors EXPO 2019

The Territory and Me Survey

COTA NT Across the NT

Beautiful Gardens

Aged Care Navigators



SENIORS CARD

20 years in the Territory

NT Seniors Card Newsletter: Issue 2, June 2019

From the CEO



Dear Seniors Card members,

Wow! June has been a really big month for NT Seniors Card and COTA NT.

COTA NT hosted its fifth Seniors Expo which was a fabulous success with over 2000 seniors attending and more than 100 participating exhibitors and performers.

NT Seniors Card issued card number 40 000 this month to Sue Allen who has recently moved to the Territory.

We are conducting our [second survey of Seniors Card members](#). This will help us to identify ways in which we can improve the program. Your input and feedback is certainly valuable and I encourage you all to take 10 minutes to complete the survey.

We are also encouraging seniors to complete the population survey being conducted by the Northern Institute. "The Territory and Me" survey will assist government in developing policies and initiatives to grow the Territory population. The Northern Institute is also assisting COTA NT in analysing the responses to our 2018 survey of senior Territorians.

Again, I would like to thank everyone who dedicates time and effort to COTA NT, in particular our volunteers that contribute greatly to the organisation's success.

Kind regards,
Sue Shearer, CEO COTA NT



40 000th Card Issued

Congratulations to Sue Allen who recently moved to Darwin with her husband from the Central Coast in NSW. Sue was delighted to be our 40 000th card holder. Sue loves the weather and the people here in the Top End. Thanks to Gloria Jeans in Casuarina Square for the donation of free drink vouchers which helped Sue celebrate.

Seniors Card Members' Survey

We are conducting our second survey of Seniors Card members. This annual survey helps us to monitor levels of satisfaction with the program as part of our commitment to a better Seniors Card program for Territorians. The information collected also helps us to inform government and advocate on behalf of Territory seniors.

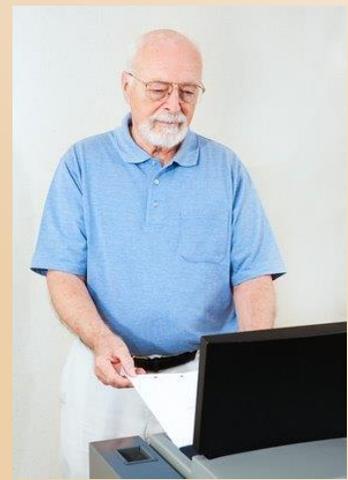
The 2019 survey will give us the opportunity to compare against the 2018 survey and other previous surveys of senior Territorians, and ask some more questions that are relevant to our membership.

All responses are confidential and individual members cannot be identified by their responses.

The survey has 10 questions and will take less than 10 minutes to complete.

Please click on the link here to go to Google Forms and complete the [2019 Seniors Card Member Survey](#).

Thank you in advance for your time.



This survey will provide us with valuable information about Territory seniors and the way in which Seniors Card is used so that we can improve the program

COTA NT 2019 Seniors Expo

COTA NT's fifth Seniors Expo really celebrated being bolder not just older on 31 May 2019 at the Palmerston Recreation Centre with over 2000 seniors attending.

Marking COTA NT's 50th year of service in the Northern Territory, this year's Expo was truly golden.



There were over 100 different individuals, community groups, organisations, service providers and government representatives at Expo 2019 providing Top End seniors with the opportunity to meet real people, ask questions about aged care services and supports, health, finance, mobility, respite, retirement and so much more.

Our thanks to all of the sponsors, representatives of government and community organisations that attended on the day, dancers and musicians, our volunteers, Palmerston College students and City of Palmerston for the great support we received.

THE TERRITORY AND ME SURVEY

Researchers from the Northern Institute have launched a survey investigating population drivers affecting the Northern Territory. The population of senior Territorians are very important to their research and they want you to share your experiences of living in the Territory by participating in the survey.

“The Territory and Me” is a large research project that aims to understand what makes people connected to the Territory, want to move here, stay living here or decide to leave. Population is critical to the Territory’s economic stability, and the creation of more jobs and opportunities, both social and economic. The results of this research will help government to develop policies and initiatives that could help to grow the Territory population.

The survey is linked to the webpage below:
<https://theterritoryandme.cdu.edu.au/survey-link>

The researchers are calling on people who live here now, or have lived here in the past because the survey is being used to understand why people have left, why they are thinking about leaving, or why they keep coming back.

It will only take you a short time to complete - just 10 to 15 minutes. They need as many people as possible to participate, so when you finish please share the survey with your family and friends - they could become our future Territorians!

By participating you can choose to go into the draw for a return flight between Darwin/Alice and any other Australian capital as well as two supplementary prizes of \$100 retail vouchers.

The researchers appreciate your help and thank you in advance.

COTA NT Across the NT

Our friendly COTA NT, Seniors Card and Aged Care Navigator staff are out and about in Territory shopping centres.

They can give you information and advice on activities and support for seniors in the Territory, update your Seniors Card details, and provide assistance with access to My Aged Care.

Come and see us at:

- Oasis Palmerston - 23 July
- Yeperenye Shopping Centre – 16 August
- Hibiscus Shopping Centre - 17 September
- Coolalinga Central - 22 October
- Nightcliff Shopping Centre - 12 November

For more information go to

<https://www.cotant.org.au/territory-seniors-calendar/>



Keep Northern Territory Beautiful, PROBUS, COTA NT, and Allora logos.

Senior's Beautiful Gardens Competition

must be 65yrs+ to enter

Keep Australia Beautiful Council NT, PROBUS and COTA NT have come together to host a gardening competition for Top End Seniors. The competition and awards are to appreciate, recognise and acknowledge Senior's Gardening efforts to beautify Darwin/Palmerston residential and rural gardens.

TERMS & CONDITIONS
Entrants must have lived at the residence for 12 months or more
3 categories will be judged
Small, Large and Rural Gardens
Judging criteria
Maintenance, Design, Home Safe, Garden Intent
Judging occurs in June and July
Winners announced at the Awards Presentation at Senior's Month Lunch
Monday 26th August 11am – 2pm
@ Italian Club, Marrara

FOR MORE INFORMATION OR TO REGISTER YOUR GARDEN
EMAIL: CEO@KABCNT.ORG.AU OR PH: 0407 186 461

Aged Care Navigators ^{for you}



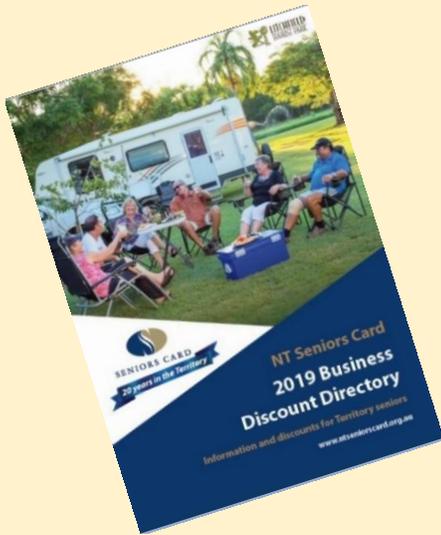
Janet Brown, Aged Care Navigator Darwin;
Sue Shearer, CEO COTA NT and Debbie Pepper,
Aged Care Navigator Alice Springs

Aged Care Navigators are here to help you access the aged care system. Our friendly, professional and highly experienced Navigators will help you and your community through:

- Face to face meetings and telephone conversations
- Assistance to:
 - find information on the aged care system
 - register on the My Aged Care Website
 - fill in forms
- Group or individual support
- Information seminars to community groups
- Delivery of general and individual information
- Outreach services (e.g. Nhulunbuy, Katherine, Tennant Creek and surrounding communities)

Contact Janet in Darwin agedcare_darwin@cotant.org.au
Debbie in Alice Springs agedcare_alicesprings@cotant.org.au
Or call COTA NT on 8941 1004

NT Seniors Card 2019 Discount Directory



Don't forget to pick up your
2019 Business Discount Directory available at
COTA NT, Spillett House, Smith Street, Darwin and
50 Plus Community Centre in Alice Springs,
electoral offices, libraries and local councils and Territory
Families' shopfronts.

Check our website for locations:

<https://ntseniorscard.org.au/directory-distribution/>

Do you know a business that would benefit from advertising with [NT Seniors Card](#) and connecting with a growing market of loyal customers? We have opportunities available for advertising in the newsletter, on our website, Facebook page or in the 2020 Discount Directory.

Contact Tania Roberts Seniors Card Manager on (08) 8941 1004 or email seniorscard@cotant.org.au

NT Seniors Card welcomes new business partners:

[AE Solutions NT](#)
[ATIC Mechanical](#)
[Blamer Saunders hears](#)
[Unique Auto Tech](#)
[The Jetty Restaurant](#)

For an up to date list of business partners visit our [Online Discount Directory](#) or [Facebook](#).

Contact us on 1800 441 489
Spillett House, 65 Smith Street, Darwin
www.ntsensorscard.org.au
<https://www.facebook.com/ntsensorscard/>


SENIORS CARD


COTA
NORTHERN TERRITORY
for senior Territorians

 Proudly sponsored by
NORTHERN TERRITORY
GOVERNMENT